

## Avoid psycho-active substances

- I do not drink alcoholic beverages
- I do not smoke cannabis because it is forbidden
- I do not drive if I take medications that decrease alertness



## Respect the Highway Code

- I respect speed limits rain or shine
- I respect the permanent and temporary traffic signage



## Keep a safety distance

- I respect the safety distances
- I avoid phone calls while driving: I stay focused on my driving and on my vicinity

## Manage accident situations

- I avoid exposing myself, in order to not cause another accident
- I put my high visibility vest and I mark-up, if possible, the area
- I call an emergency number



Preventing  
Construction/Public Works

## Road risk 10 preventive actions



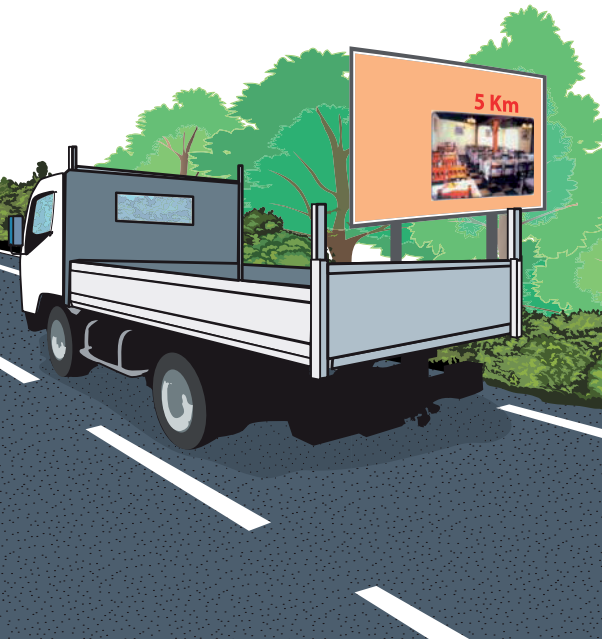
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## Minimize car travel

- I optimize my travels between the site and the workshop or between office and site
- For lunch, I choose restaurants near my workplace



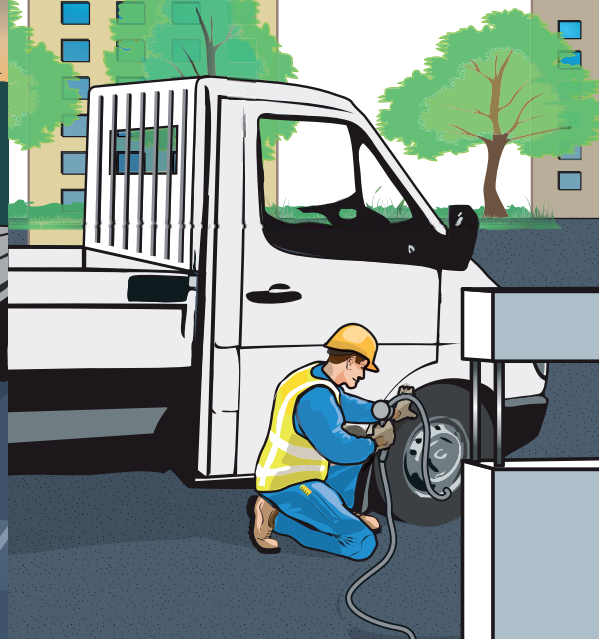
## Driving a vehicle in good condition

- I make sure that revisions and technical controls are made.
- I ensure the proper functioning of lights and turn signals (blinkers)
- I check the fluid levels
- I maintain clean headlights and windshield



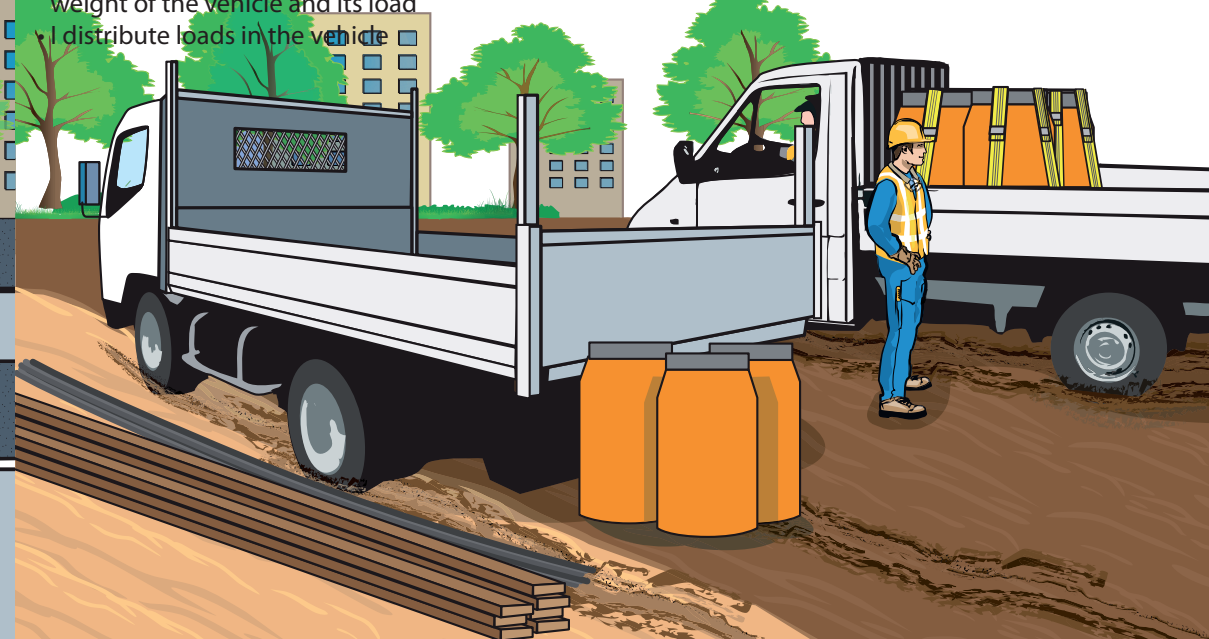
## Check the condition of tires

- I check pressure and condition of tires at least once a month



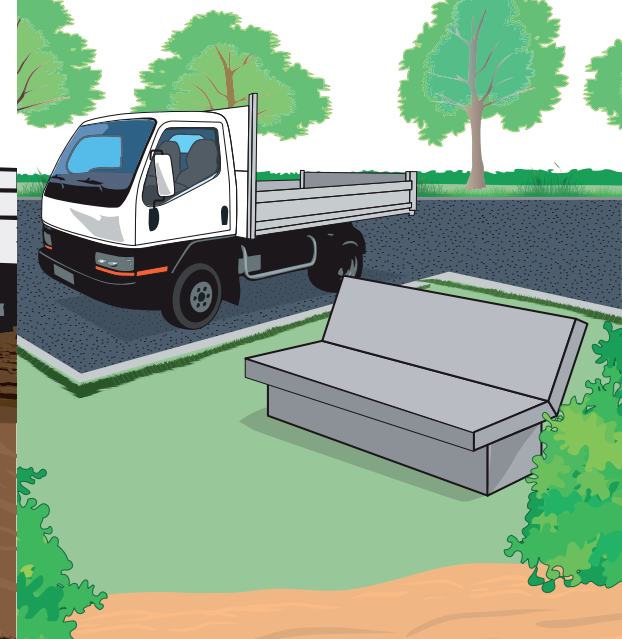
## Organize loading

- I use a vehicle with a rigid divider (bulkhead) between the cabin and equipment and storage
- I respect the GVWR of the vehicle (total vehicle weight), that is to say the combined weight of the vehicle and its load
- I distribute loads in the vehicle



## Securing loads

- I firmly secure loads to anchor points in the four directions
- I respect regulation on all dimension and length limits



## Manage the fatigue

- I take a break every two hours
- I do not hesitate to stop for sleeping fifteen minutes if necessary

